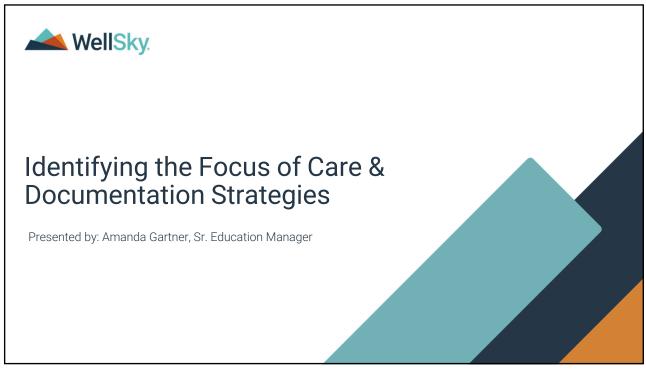


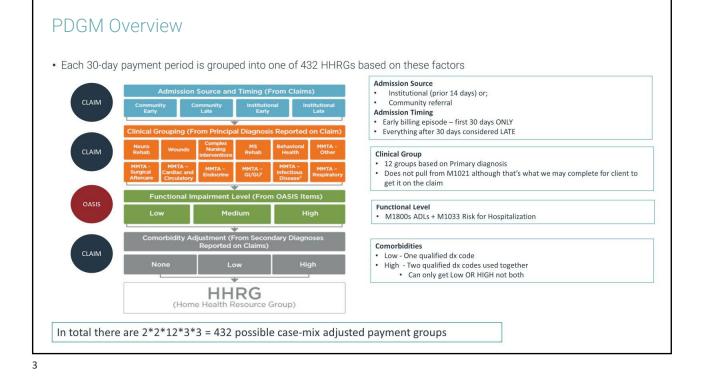
# Identifying the Focus of Care & Documentation Strategies

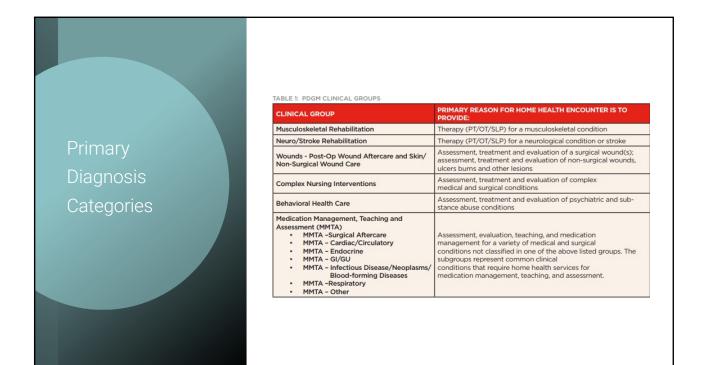




## Agenda

- Understand the elements of the PDGM model
- Accurate Clinical Grouping
- Acceptable/non-acceptable diagnoses
- Face to Face requirement that provides the reason for home health
- Common errors in identifying primary reason for home health
- Identifying skilled need and FOC through practice scenarios
- Steps to identify focus of care using F2F and clinician assessment





| <i>d</i> Diagnos | is Examples  |
|------------------|--|
|                  | Neuro Rehab  |
| ICD-10Code       | Description  |
| 169.35-          | Hemiplegia and hemiparesis following cerebral infarction   |
| G20              | Parkinson's disease  |
| G30.9            | Alzheimer's disease,unspecified  |
| A81.00           | Creutzfeldt-Jakob disease, unspecified   |
| T85.79XA         | Infection and inflammatory reaction due to other internal prosthetic devices, implants and grafts, initial encounter |
| 167.2            | Cerebralatherosclerosis  |
|                  | Musculoskeletal Rehab  |
| ICD-10Code       | Description  |
| Z47.1            | Aftercare following joint replacementsurgery   |
| M15.0            | Primary generalized (osteo) arthritis  |
| M54.02           | Panniculitis affecting regions of neck and back cervical region  |
| M54.31           | Sciatica, right side   |

|            | Wounds   |
|------------|--|
| ICD-10Code | Description  |
| -          | Assessment, treatment and evaluation of surgical/non-surgical wound(s), ulcers, burns and other<br>lesions |
| E11.621    | Type 2 diabetes mellitus with foot ulcer   |
|            | Venous stasis ulcers   |
| T21.32XD   | Burn of third degree of abdominal wall, subsequent encounter   |
| 1170.231   | Atherosclerosis of native arteries or right leg with ulceration of thigh                                   |
| 183.211    | Varicose veins of right lower extremities with both ulcer and inflammation                                 |
|            | Complex Nursing Interventions  |
| ICD-10Code | Description  |
| -          | Assessment, treatment and evaluation of complex medical and surgical conditions                            |
| Z43.5      | Encounter for attention to cystostomy  |
| Z46.6      | Encounter for fitting and adjustment of urinary device   |
| Z43.0      | Encounter for attention to tracheostomy  |

| Primary D | iagnosis    | Examples   |
|-----------|-------------|--|
|           | Ŭ           |  |
|           | ICD-10Code  | Description  |
|           | -           | Assessment, treatment and evaluation of psychiatric and substance abuse conditions           |
|           | F25.0       | Schizoaffective disorder, bipolar type   |
|           | F32.9       | Major depressive disorder, single episode, unspecified                                       |
|           | F10.10      | Alcohol abuse, uncomplicated   |
|           | F43.12      | Post-traumatic stress disorder, acute  |
|           |             | 6- MMTA Conditions + Other   |
|           | ICD-10 Code | Description  |
|           | E78.5       | Hyperlipidemia, unspecified  |
|           | E89.821     | Postprocedural hematoma of an endocrine system organ or structure following other pro cedure |
|           | E86.0       | Dehydration  |
|           | 110         | Essential (primary) hypertension   |
|           | E11.9       | Type2 diabetes mellitus without complications  |
|           |             |  |

## PDGM Non-Acceptable Codes

CMS has stated the reason for these non-acceptable codes is three-fold:

- Codes show either the patient is not appropriate for home health;
- The patients are too acute for HH;
- Codes are not specific enough

The term "unspecified" alone does not make the code non-acceptable

|                 | Diagnosis | Description                                 |
|-----------------|-----------|---|
|                 | M62.81    | Muscle weakness (generalized)               |
|                 | G62.9     | Polyneuropathy, unspecified                 |
|                 | R62.7     | Adult failure to thrive                     |
|                 | H81.10    | Benign paroxysmal vertigo, unspecified ear  |
|                 | M25.551   | Pain in right hip                           |
| Niere           | M54.5     | Low back pain                               |
| Non-<br>eptable | M54.9     | Dorsalgia, unspecified                      |
| antabla         | R26.89    | Other abnormalities of gait and mobility    |
| eptable         | B34.8     | Other viral infections of unspecified site  |
| es              | G24.9     | Dystonia, unspecified                       |
| es              | H81.20    | Vestibular neuronitis, unspecified ear      |
|                 | H81.399   | Other peripheral vertigo, unspecified ear   |
|                 | L89.159   | Pressure ulcer of sacral region, unspecifie |
|                 | M06.9     | Rheumatoid arthritis, unspecified           |
|                 | M25.511   | Pain in right shoulder                      |
|                 | M25.512   | Pain in left shoulder                       |
|                 | M25.552   | Pain in left hip                            |
|                 | M25.561   | Pain in right knee                          |
|                 | M25.562   | Pain in left knee                           |
|                 | M48.00    | Spinal stenosis, site unspecified           |

### Root Cause Considerations

Symptoms can be related to several diagnosis / conditions and requires the underlying cause. Query referral source or physician to help identify if you are unable to.

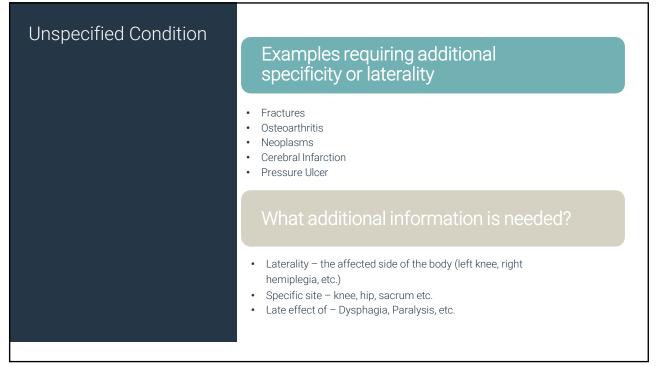


- Mental status changes
- Behavior disturbance
- Pain
- Mobility deficits
- Weakness
- Weight changes
- Shortness of breath
- Chest Pain



#### Underlying Cause or specifics

- Musculoskeletal conditions
   Late effect from fall/fractures
   Dementia
- Diabetes
- Cardiac/CHF
- Pulmonary conditions UTI
- Neurological conditions other



CVA / Stroke Considerations Coding an Acute CVA is not allowed as primary in Home Health and history of does not impact comorbidity capture and potential patient care plan needs



# Are there deficits/late effects from the CVA?

Swallowing Abnormal gait Paralysis of limbs Cognitive impairment



# Dominant side or laterality specifics

Patient's dominant side impacts coding and gives insight into how the patient may be impacted for recovery

Left sided CVA vs Right sided may be shown in CT scans or other radiologic reports and are accepted tools for confirmation of the anatomical site

Left vs Right side CVA is impactful to the ADLs

# Face to Face

## Face to Face Requirement

Prior to certifying a patient's eligibility for the home health benefit, the certifying physician must document that he or she, or an allowed non-physician practitioner (NPP) has had a Face-to-Face (F2F) encounter with the patient.

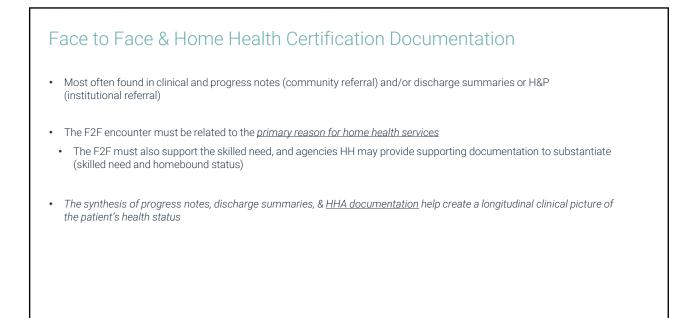
A certification is anytime that a Start of Care OASIS is completed to initiate care.

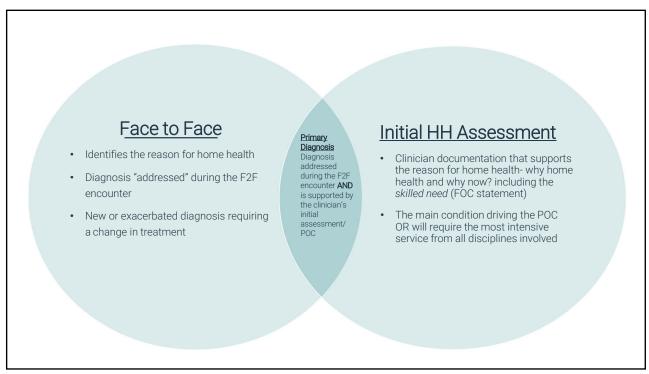
The physician or allowed practitioner must include a brief narrative describing the clinical justification of this need as part of the certification, or as a signed addendum to the certification;

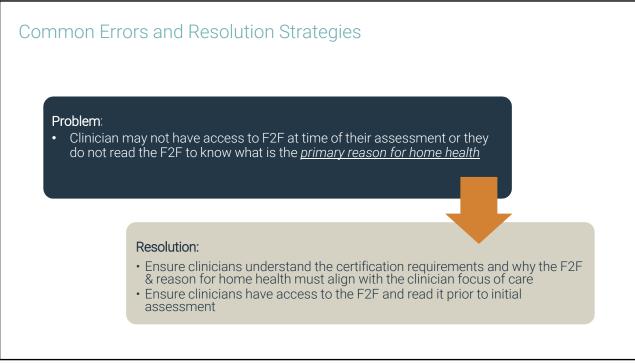
Face-to-face requirements as of January 1, 2015- Present

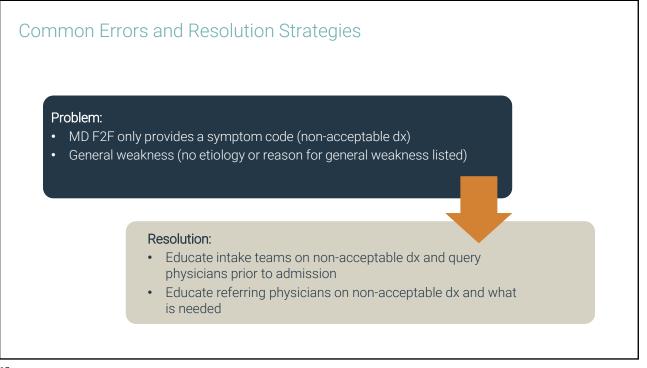
- It must occur within 90 days of the SOC date or 30 days after (look for the most recent F2F)
- · Encounter needs to be related to the primary reason for home health
- Encounter performed by physician or allowed nonphysician practitioner (NPP)
- Need for skilled nursing on an intermittent basis, or physical therapy, or speech-language pathology, or have a continuing need for occupational therapy
- Certifying physician must document the date of the F2F encounter

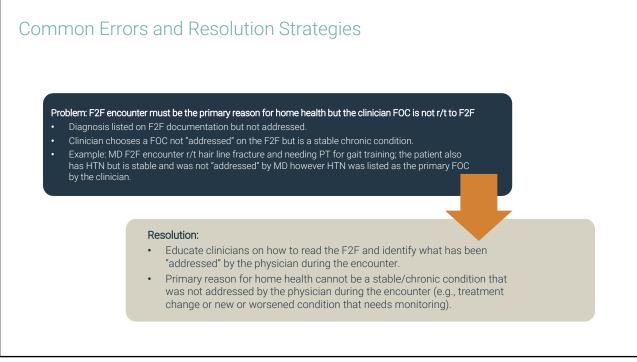
Source: https://www.palmettogba.com/palmetto/jmhhh.nsf/DID/BXUJBY2653

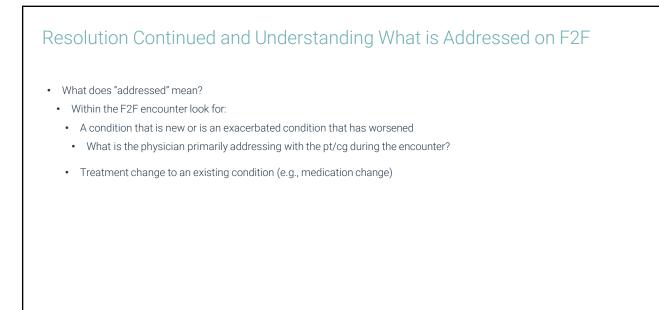


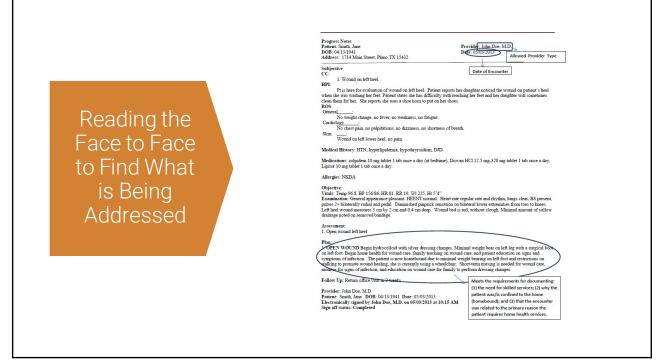


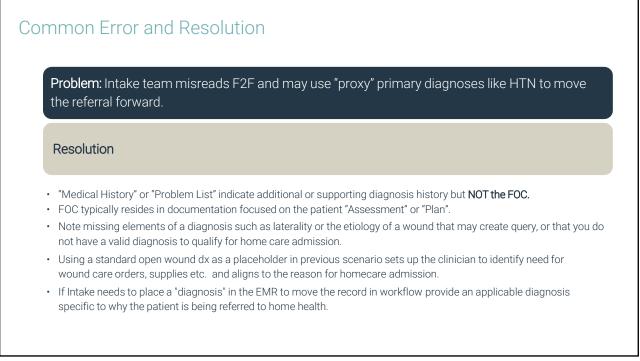












# Skilled Need & FOC

Conditions Patient Must Meet to Qualify for Home Health Services

To qualify for the Medicare home health benefit, beneficiary must meet the following requirements:

- Be confined to the home;
- Under the care of a physician or allowed practitioner;
- Receiving services under a plan of care established and periodically reviewed by a physician or allowed practitioner;
- Be in need of skilled nursing care on an intermittent basis or physical therapy or speech- language pathology; or
- Have a continuing need for occupational therapy.





## Examples Skilled Need & FOC

#### Example:

Patient admitted to hospital with increased temp and cough. Tested negative for flu and COVID.

#### HH Referral/F2F includes - RN/PT

MD Assessment - patient has pneumonia due to infectious organism

Plan is to continue Budesonide, Doxycycline, Promethazine and Mucinex.

Patient is weak, new to oxygen and MD started a new nebulizer - Albuterol

#### Past Medical History:

- Left breast cancer
- Osteoporosis
- Hypertension
- Migraines
- Back pain

- HH referral. Pneumonia is the reason for home health (F2F)
- Skilled Need/FOC Pneumonia
  - <u>Skilled nursing</u> Disease management around respiratory status to ensure clinical condition and treatment stabilize (observation and assessment & teach train).
  - Thorough respiratory assessment (e.g., record any adventitious lung sounds and O2 sats).
  - Unstable vitals like elevated temp.
  - Teaching including patient response to oxygen and new medications.
  - Interventions and goals in POC around best practices in assessing/monitoring a patient with pneumonia.
  - <u>Therapy</u> improve strength and conditioning; increase activity as tolerated (restorative therapy)
    - Short and long-term goals
  - Patient response to treatment and goals for next visit

## Examples Skilled Need & FOC

#### Example:

Patient in the VA clinic with chief complaint of deconditioning/residual right-side weakness.

#### HH Referral/F2F includes - PT

 $\rm MD$  Assessment - patient has been bedridden for short time following recent CVA. Needs rehabilitation for deconditioning.

Plan Order PT for fall prevention, gait training, establish home exercise program, transfer training, strengthening.

#### Past Medical History:

- Type 2 DM
- Aphasia
- Stroke with right-sided weakness (March 2024)
- Epilepsy
- Unspecified dementia
- Enlarged prostrate
- HTN
- Afib
- Hyperlipidemia

27

- HH referral. Right-sided weakness reason for home health (F2F)
  - CVA late effect hemiplegia and hemiparesis following CVA
    right side
- Skilled Need/FOC Right-sided weakness due to recent CVA
- <u>Physical therapy</u> improve patient function as much as possible through gait training, strengthening and begin home exercise program.
  - Short and long-term goals
  - · Patient response to treatment and goals for next visit

## Examples Skilled Need & FOC

#### Example:

Patient had an ICD implant left shoulder on 11/14 and went to wound clinic on 12/15 after finding a hole in the incision. The incision required debridement and patient developed malaise, cough, dizziness and mild hypotension and was admitted.

#### F2F/H&P

- Wound Dehiscence
- Consult Infectious disease
- Wound and blood culture were obtained on admission. Started on IV antibiotics in preparation for device extraction
- 12/21 device extraction
- Wound VAC was placed with sponge changes per WOCN
- Discharged on oral antibiotics and HH nursing to change wound VAC 3x/week

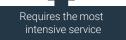
#### Chronic Heart Failure

- EF in October was 30 to 40%
- Device interrogation during admission prior to explant showed no episodes of dysrhythmia and she was V pacing 100%
- She had some intermittent IV Lasix requirements but was successfully transition back to oral therapy prior to discharge. She also remained on beta-blacker, and spironolactone.
- At discharge she was euvolemic. Her admit wt. was 195lbs and at time of discharge 192lbs.

#### Peripheral Artery Disease

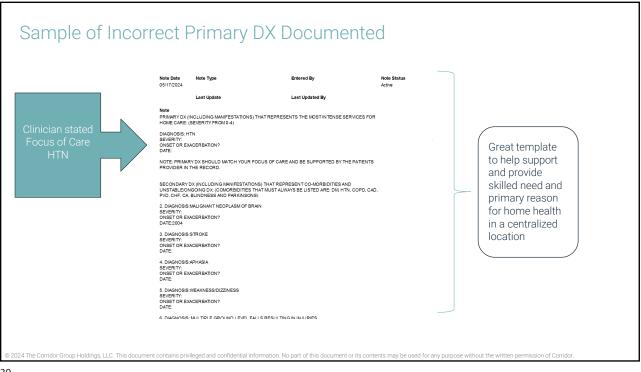
- She was complaining of right leg pain during admission. Arterial duplex showed no
  evidence of hemodynamically significant stenosis
- Pain improved by the time of discharge
- She will continue her statin and Plavix.

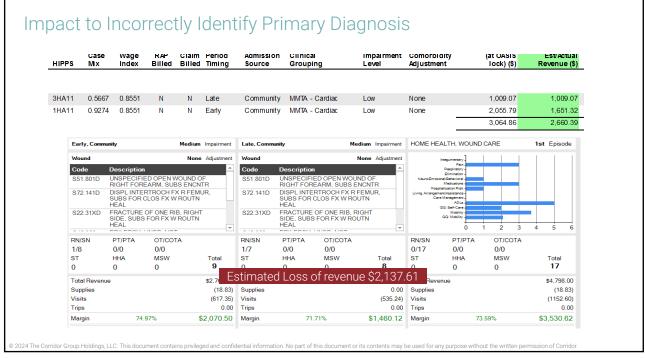
- HH referral. Wound dehiscence is the reason for home health (F2F)
- Skilled Need/FOC Wound dehiscence
  - <u>Skilled nursing</u> Wound care (VAC) to right shoulder (skilled hands-on care)

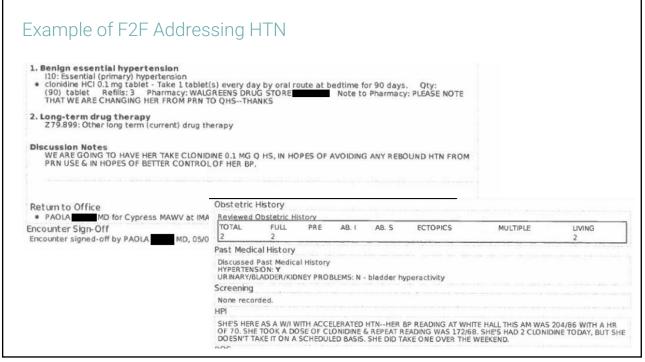


| To:                            | sponse Letter   |  |   |                                  |        |
|--------------------------------|---|--|---|----------------------------------|--------|
| From:                          |   |  |   |                                  |        |
| Sent: 05/14/2<br>Subject: Pati | 2024 16:21:35   |  |   | Easa ta Easa                     |        |
| Regarding:                     | ient reservat   |  |   | Face to Face                     |        |
|                                | tan tanan tanan   | aliation and transmit fills  | Ind Alexandra Marine Contato Francisco  | Discolard the second             |        |
| We are referr<br>Dx: R26.89, H | Ing to you for ev<br>Home Health- ADL's, Wound r  | care: Dx: \$51,801   | Iled Nursing: Home Safety Evaluati  | on, Physical therapy:            |        |
|                                |   |  |   |                                  |        |
| Sincerely,                     |   |  |   |                                  | _      |
| rashmi chh:                    | Encounter - 05/14/2024  |  |   |                                  |        |
|                                | SEEN BY   |  | SEEN ON   |                                  |        |
|                                | HEIGHT  | WEIGHT   | 05/14/2024<br>BMI   | BLOOD PRESSURE                   |        |
|                                | 66.0 in   | 111.2 lbs  | 17.9  | 109/67                           | attent |
|                                | TEMP  | PULSE  | RESP RATE   | HEAD CIRC                        |        |
|                                | 97.1 F  | 87.0 bpm   | 16.0 rpm  | N/A                              |        |
|                                | CC  |  |   |                                  |        |
|                                | Hospital FU (NWMCS) (   | Appt time: 5/14/2024 10:45:  | 00 AM) (Arrival time: 10:40 AM)   |                                  |        |
| (                              | had a fall on 5/9 after a t   | old female coming in for foll<br>rip and landed on rt side wit   | ow up from the ED visit<br>In rt shoulder and arm and forearm   | pain and rt eye orbital pain and | 5      |
|                                | had a fall on 5/9 after a t<br>hematoma<br>Has<br>ROS - 8 system comprei<br>Ongoing medical problem   | rip and landed on rt side wit  | th rt shoulder and arm and forearm  |                                  |        |
|                                | had a fall on 5/9 after a t<br>hematoma<br>Has<br>ROS - 8 system comprei  | rip and landed on rt side wit<br>hensive review done , positi  | th rt shoulder and arm and forearm  |                                  |        |
|                                | had a fall on 5/9 after a t<br>hematoma<br>Has<br>ROS - 8 system comprei<br>Ongoing medical problem   | rip and landed on rt side wit<br>hensive review done , positi  | th rt shoulder and arm and forearm  |                                  |        |
|                                | had a fall on 5/9 after a t<br>hematoma<br>Has<br>ROS - 8 system comprei<br>Ongoing medical problem   | rip and landed on rt side wit<br>hensive review done , positi<br>ns: Hypothyroidism, allergie  | th rt shoulder and arm and forearm  |                                  |        |
|                                | had a fall on 5/9 aftor a t<br>hematoma<br>Has<br>ROS - 8 system compret<br>Ongoing medical probler<br>o  | rip and landed on rt side wit<br>hensive review done , positi<br>ms: Hypothyroidism, allergie<br>his encounter:<br>hypertension  | th rt shoulder and arm and forearm  |                                  |        |
|                                | had a fail on 5/9 aftor a t<br>hematoma<br>Has<br>ROS - 8 system compret<br><u>Ongoing medical probler</u><br>O<br><u>A</u><br><u>Diagnoses attached to th</u><br>(110) Essential (primary)<br>(EO3 9) Hypothyroidism,<br><u>P</u><br>1. Has high risk fail . has<br>Has lot of weakness and<br>Provided referral for hom<br>instability thiniph fail for hom<br>instability with high fail for hom<br>instability with high fail for hom<br>instability thinipm and<br>SloveE BY | rip and landed on rt side wit<br>hensive review done , positi<br>ma: Hypothyroidism, allergie<br>is encounter.<br>hypertansion<br>unspecified<br>been weak in legs , feels d<br>soo with it, sivery tited , d<br>soo with the yevy tited ,<br>so She needs sikiled nursis<br>therapeutic exercises Patie   | th it shoulder and arm and forearm<br>we symptoms noted as above in su<br>is, history of Astrocytoma. | bjective.                        | nd     |
|                                | had a fail on 5/9 aftor a t<br>hematoma<br>Has<br>ROS - 8 system compret<br><u>Ongoing medical probler</u><br>o<br>A<br>Diagnoses attached to th<br>(110) Essential (primary)<br>(EO3 9) Hypothyrodism,<br>P<br>1. Has high risk fall , has<br>Has lot of weakness an<br>Provided referral for hom<br>instability with high fail ri<br>and mobility training and  | rip and landed on rt side wit<br>hensive review done , positi<br>ma: Hypothyroidism, allergie<br>is encounter.<br>hypertansion<br>unspecified<br>been weak in legs , feels d<br>soo with it, sivery tited , d<br>soo with the yevy tited ,<br>so She needs sikiled nursis<br>therapeutic exercises Patie   | th rt shoulder and arm and forearm<br>we symptoms noted as above in su<br>is, history of Astrocytoma. | bjective.                        | nd     |
|                                | had a fail on 5/9 aftor a t<br>hematoma<br>Has<br>ROS - 8 system compret<br><u>Ongoing medical probler</u><br>O<br><u>A</u><br><u>Diagnoses attached to th</u><br>(110) Essential (primary)<br>(EO3 9) Hypothyroidism,<br><u>P</u><br>1. Has high risk fail . has<br>Has lot of weakness and<br>Provided referral for hom<br>instability thiniph fail for hom<br>instability with high fail for hom<br>instability with high fail for hom<br>instability thinipm and<br>SloveE BY | rip and landed on rt side wit<br>hensive review done , positi<br>ma: Hypothyroidism, allergie<br>is encounter.<br>hypertansion<br>unspecified<br>been weak in legs , feels d<br>soo with 1, is very fired , d<br>soo with 1, is very fired , d<br>soo with 1, is very fired , d<br>soo with 2, is very fired , d<br>s | th rt shoulder and arm and forearm<br>we symptoms noted as above in su<br>is, history of Astrocytoma. | bjective.                        | nd     |









# Identifying Focus of Care

## Focus of Care Identifiers

#### The following 3 items MUST be met:

- 1. The clinician FOC should align with the MD reason for HH (F2F)
  - Be <u>addressed</u> in the face to face (the only condition eligible to be your HH focus of care)
  - Condition that will receive the most intensive service
- 2. Clinician FOC should align with F2F and be supported in the Plan of Care
  - FOC must have interventions and goals in the POC
- 3. Clinician FOC should align with the F2F **and** be supported by the POC **and** clinician's documentation around <u>skilled need</u>

## Identifying the FOC

#### Step 1: Prep for Initial Assessment & Read F2F Encounter (orders for HH)

• You must read the F2F encounter and identify what is the reason for home health; what did the physician address in the patient encounter that led to needing skilled home health care.

#### Step 2: Complete Initial Assessment

- Assess patient and determine home health eligibility including skilled need. HHA information can be corroborated with the certifying physician or allowed practitioner's.
- This means that the HHA documentation along with the certifying MD medical records create a clinically consistent picture that the patient is eligible for Medicare HH services.

#### Potential Next Step(s):

- MD reason for home health does not align with clinician initial assessment findings and a NEW F2F is needed within 30 days.
- No skilled need or homebound to meet Medicare eligibility requirements.

#### Step 3: Complete the OASIS & POC

- The comprehensive assessment and POC should address the primary reason for home health (F2F) and all other comorbidities that will impact the POC.
- Clinician documentation addresses the skilled need for home health care.



## Focus of Care Best Practices

- Establish a dedicated team (marketing/Intake) Ensure proper documentation is obtained from ordering provider at time of referral
- Training ensure that all team members are trained on current regulations, coding practices and documentation requirements.
- Identify the F2F or reason for home health (clearly labeled) and flag for clinician to review prior to admission.
- Write FTF on the appropriate documents being used for the certification OR scan in with label of FTF noting the date.
- Add any additional "corroborating" evidence to the POC for the provider to sign off re: homebound and skilled need.
- **PRO TIP!** Create a solid "why HH, why now" template for the admission summary. Copy and paste that into the POC and now when the ordering provider signs this is now part of the FTF documentation/corroboration.

Clinician Template Helpful to Standardize Documentation Requirements

#### CURRENT STATUS\*

 Describe the patient's condition including mental status, S/S, appearance, environment, needs etc.

#### SINCE LAST IN-HOME VISIT: \*

• Note any changes in how the patient feels daily, MD visits, changes to meds, falls or other events

#### SKILLED NEED/FOC - Why home health and why now: \*

- This is discipline specific to the current visit; what was the skilled need for services you provided today?
- RESPONSE TO TODAY'S VISIT: TOLERATED (\* WITH / WITHOUT) DIFFICULTY AND (\* DID / DID NOT) REQUIRE \* MEDICATION/PROMPTING/CUES/REMINDERS TO COMPLETE \*

#### PLAN FOR NEXT VISIT: \*

 Provide details on what focus will be next visit, meds, teaching injection, follow up with patient on MD visits in-between your inhome visits etc.

37

## Questions?

Contact us at learning@wellsky.com